PRINTABLE CHECKLIST

Ready-made or DIY emergency kit?

Building your own kit usually gives better quality for the money, because you choose each item and reuse what you own. A ready-made kit is quicker and gets a reluctant household started. Neither is complete out of the box: no pre-packed kit includes your medication, enough water for your household, cash or your documents.

- [ ] Compare the kit contents against the official Be Ready list
- [ ] Check what batteries the torch and radio use
- [ ] Confirm the radio receives FM
- [ ] Add 3 litres of water per person per day
- [ ] Add medication and a written list of doses
- [ ] Add cash, printed documents and a contact list
- [ ] Add baby supplies or pet food if needed
- [ ] Note food and battery dates for your six-month check