PRINTABLE CHECKLIST

How to keep warm in a power cut

Warm the people before you try to warm the house. Put on layers early, gather everyone in one small room, close doors and curtains, and use blankets, sleeping bags and hot water bottles. Never bring a barbecue, camping stove, patio heater or generator indoors for heat, because they produce carbon monoxide.

- [ ] Add a base layer, jumper, hat and thick socks straight away
- [ ] Choose one small room and close every other door
- [ ] Draw curtains and block the gap under the door
- [ ] Fill flasks and hot water bottles while water is still hot
- [ ] Check the carbon monoxide alarm works
- [ ] Set up beds in one room before dark
- [ ] Check on babies, older relatives and neighbours