PRINTABLE CHECKLIST

Checking your kit every six months

Check your emergency kit every six months, as the Be Ready campaign advises. Test every torch and the radio, replace or rotate batteries, recharge power banks, check dates on food, water and medicines, and update your contact list. Tying it to the clock changes in March and October makes it easy to remember.

- [ ] Switch on every torch and lantern
- [ ] Inspect battery compartments for leaks
- [ ] Tune the radio to an FM station
- [ ] Recharge all power banks and check cables
- [ ] Check dates on food, water and medicines
- [ ] Restock the first aid kit
- [ ] Update contact and medication lists
- [ ] Count the cash
- [ ] Test smoke and carbon monoxide alarms
- [ ] Write today's date on the card in the lid