PRINTABLE CHECKLIST

Can a power cut lead to carbon monoxide poisoning? Risks and alarms

Carbon monoxide in a power cut comes from fuel-burning equipment brought indoors: generators, barbecues, camping stoves and patio heaters. Never use them inside, in a garage or in a tent, even with a window open. CO has no smell, and symptoms include headache, dizziness, nausea and breathlessness. Fit an audible battery alarm meeting EN 50291 in every

- [ ] Fit a battery CO alarm in every room with a fuel-burning appliance
- [ ] Check each alarm shows EN 50291
- [ ] Write the fitting date on each alarm
- [ ] Press the test button monthly
- [ ] Keep spare AA cells if your alarms use them
- [ ] Have gas, oil and solid-fuel appliances serviced yearly
- [ ] Plan safe warmth: layers, blankets, one room
- [ ] Plan to cook outdoors or use flasks, never a stove indoors
- [ ] Keep any generator outdoors, away from doors and windows
- [ ] Save 0800 111 999 in your phone and on paper