PRINTABLE CHECKLIST

Blackout shopping list: what to buy first, and what can wait

For a blackout shopping list, buy in this order: bottled water, no-cook food and a tin opener, then a torch with spare batteries, a battery FM radio and a power bank, then first aid and hygiene items. That matches the government's Be Ready list. No blackout is planned or forecast, so spread the buying over several weeks.

- [ ] Bottled water, 9 litres per person
- [ ] Three days of no-cook food
- [ ] Manual tin opener
- [ ] LED torch and spare batteries
- [ ] Battery or wind-up FM radio
- [ ] Power bank and cable
- [ ] First aid kit, hand sanitiser, wet wipes
- [ ] Cash in notes and coins
- [ ] Baby supplies and pet food, if needed