PRINTABLE CHECKLIST

How do you charge a phone in a power cut? Best power banks UK

Buy a 20,000 mAh power bank from a known brand with a USB-C output of at least 20 W and, ideally, a built-in cable. It gives a typical phone about three to four charges and costs £20 to £35. A family should own two, topped up every three months. Add a car charger and spare cables, and use low power and flight mode to make each charge last.

- [ ] One charged 20,000 mAh power bank per adult, or two for a family
- [ ] Top-up reminder set for every three months
- [ ] A cable for every phone type in the house, banded to the bank
- [ ] A USB-C car charger in the glovebox
- [ ] Laptop charger wattage checked if a laptop must keep running
- [ ] Low power mode switched on as soon as the power goes
- [ ] Flight mode check-in times agreed with family
- [ ] Torch and radio on their own batteries, not the phone
- [ ] Key phone numbers written on paper
- [ ] Any swollen or damaged bank taken to a recycling point